

## CLAIMS

What is claimed is:

- 1           1.     A beverage mix comprising:  
2           40-90% water;  
3           10-50% dairy base;  
4           0.5-4% stabilizer;  
5           0.02-1.0% non-nutritive sweetener;  
6           0.3-10% flavoring; and  
7           0.01-02% coloring.
  
- 1           2.     The beverage mix of claim 1, wherein the dairy base includes 8-9% nonfat dry  
2     milk, 2-3% whey, and 0.10-0.30% whey protein concentrate.
  
- 1           3.     The beverage mix of claim 1, wherein the sweetener is sucralose.
  
- 1           4.     The beverage mix of claim 1, wherein the flavoring is vanilla.
  
- 1           5.     The beverage mix of claim 1, wherein the coloring is annatto.
  
- 1           6.     A method for preparing a beverage mix, the method comprising:  
2           mixing approximately eight parts of the beverage base of claim 2 with approximately  
3     four parts of fruit juice, five parts of fruit, and one part of ice in a blender at 1000-2000 rpm for  
4     5-10 seconds, followed by mixing at 20000-30000 rpm for 10-30 seconds.